

**Sled and Stick Measuring Guide**

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| **Frame Length** |  | * Measure from wall to bottom of feet. * Make sure legs are in a comfortable playing position. * We recommend a slight bend to help absorb impacts. |
| **Bucket Width** |  | * Put a book on each side at the widest part of the hips and measure between the books. * Please do not use wheel chair cushion to determine bucket width. |
| **Bucket Length** |  | * Measure from the wall to just above the knees. |
| **Frame Width** |  | * With feet tight together, measure the width of the bottom of the feet at the wide part of the heel of the feet. |
| **Blade Width** |  | * Available from 1/2 inch to 5 inches in 1/2 increments |
| **Stick Length** |  | * Measure from floor to chin and then add 4 inches, this is the length of stick required. * 65cm = 25.5 in * 75cm = 29.5 in * 85cm = 33.5 in * 100cm = 39.5 in |
| **Player Height** |  |  |
| **Player Weight** |  |  |
| **Disability** |  | * This is not necessary, but does provide us with a better understanding of player |

Bucket Width

Frame Width

Frame Length